

Michelle D. Hand, Ph.D., M.S.W., LSW (she/her)
George Mason University College of Public Health
Department of Social Work
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Education

Ph.D.	The Ohio State University, Columbus, Ohio College of Social Work	2020
	<i>Dissertation:</i> Hand, M. D. (2020). <i>Perceptions of sexual violence in later life: A three paper dissertation study</i> [Doctoral dissertation, Ohio State University]. OhioLINK. http://rave.ohiolink.edu/etdc/view?acc_num=osu1589748395072368 <i>Dissertation Committee:</i> Mo Yee Lee, Ph.D. (Chair), Holly Dabelko-Schoeny, Ph.D., Michelle Kaiser, Ph.D., Cecilia Mengo, Ph.D.	
M.S.W.	The Ohio State University, Columbus, Ohio College of Social Work	2011
B.S.S.W.	The Ohio State University, Columbus Ohio College of Social Work Minor: Studio Art	2010

Research Interests

- The causes and impacts of sexual violence and trauma among at-risk community members across the life course, especially in later life
- Multi-level non-pharmacological intervention strategies for violence and trauma
- Interventions focused on improving well-being and greater connection to one's environment, through nature- and arts-based approaches

Teaching Interests

- Trauma and recovery across the lifespan
- Women's sexual and gender related issues
- Violence and exploitation
- Arts and nature-based therapy
- Social work in contemporary society
- Social and environmental wellness
- Gerontology and healthy aging
- Program evaluation in social work

Professional Academic Positions

Assistant Professor 2021 to present
George Mason University, Department of Social Work

Assistant Professor 2020 to 2021
West Virginia University, School of Social Work

Publications (*Current or former student collaborator)

Peer-reviewed Publications

- 17) **Hand, M. D.** Ihara E. S., Moore, M. & Shaw, M. (2025). Integrating music and nature: A scoping review of research on interventions involving both music- and nature-based strategies for mental health and well-being. *Frontiers in Human Neuroscience, section Cognitive Neuroscience*, 19(2025). <https://doi.org/10.3389/fnhum.2025.1664304> [Impact Factor: 3.267]

- 16) **Hand, M. D.**, Lee, M., Mengo, C., Dabelko-Schoeny, H. & Kaiser, M. (2025). Sexual violence among people aged 50 years and older: Recommendations for prevention provided by direct survivors of sexual violence past age 50. *Sage Open Aging*, 11. 1-14.
<https://doi.org/10.1177/30495334251367817> [Impact Factor: 1.8]
- 15) **Hand, M. D.**, Kang, H., Harvey, K., Inoue, M., Tompkins, C. J., & Ihara, E. S. (2025). Intergenerational strategies learning for addressing ageism among college and university students: A scoping review. *Educational Gerontology*, 1–28. <https://doi.org/10.1080/03601277.2025.2490023> [Impact Factor: 1.1]
- 14) **Hand, M. D.**, Lee, M., Kaiser, M., Mengo, C. & Dabelko-Schoeny, H. (2024). Sexual violence against adults aged 50 years and older, and implications for prevention: A thematic analysis of service providers’ perceptions. *Journal of Environmental Research and Public Health*, 21(9). 1220.
<https://doi.org/10.3390/ijerph21091220> [Impact Factor: 5.4]
- 13) *DeFazio, C., Moyers-Kinsella, S. I., Claydon, E. A., **Hand, M. D.**, Lilly, C., Zullig, K. J. & Davidov, D. M. (2024). A scoping review of bystander-based sexual violence prevention training for college students in fraternities and sororities. *Journal of Environmental Research and Public Health*, 21(6), 1-19. <https://doi.org/10.3390/ijerph21060797> [Impact Factor: 5.4]
- 12) **Hand, M. D.** (2024). Social constructions of sex trafficking and needs for a critical intersectional and trauma-informed approach: A critical review. *Journal of Progressive Human Services*, 21(9), 1–20.
<https://doi.org/10.1080/10428232.2024.2355422> [Impact Factor: 1.8]
- 11) **Hand, M. D.** (2024). Sexual violence in later life: A widespread and growing yet hidden public health issue linked with disparities in health among older women. *The International Journal of Aging and Human Development*, 0(0), 1-16. <https://doi.org/10.1177/00914150241231194> [Impact Factor: 2.224]
- 10) **Hand, M. D.** & Ihara, E. (2023). Ageism, racism, sexism and work with older healthcare clients: Why an intersectional approach is needed in practice, policy, education and research. *The International Journal of Aging and Human Development*, 98(1), 27-38.
<https://doi.org/10.1177/00914150231171843> [Impact Factor: 2.224]
- 9) **Hand, M. D.**, Lee, M., Dabelko-Schoeny, H., Kaiser, M., & Mengo, C. (2022). Societal, organizational, relational and individual perceptions of sexual violence against older adults and its prevention: A systematic scoping review. *The Gerontologist*, 62(10), e597–e613.
<https://doi.org/10.1093/geront/gnab144> [Impact Factor: 5.271]
- 8) Kaiser, M., Rogers, C., **Hand, M.**, Hoy, C. & Stanich, N. (2022). Finding our direction: The process of building our community-university food mapping team. *Journal of Community Engagement and Scholarship*, 9(2), 19-33. <https://jces.ua.edu/articles/10.54656/TSEY6551> [31% acceptance rate]
- 7) **Hand, M. D.** (2021). The use of autobiographical poetry to process trauma, promote awareness and shift views on sexual violence: Exploring the “Against Our Will” campaign. *Violence Against Women*, 1-30. <https://doi.org/10.1177/1077801220963860> [Impact Factor: 2.586]
- 6) Kaiser, M., **Hand, M.** & Pence, E. (2020). Individual and community engagement in response to environmental challenges experienced in four urban neighborhoods. *International Journal of Environmental Research and Public Health*, 17(6), 1-21. <https://doi.org/10.3390/ijerph17061831> [Impact Factor: 2.849]
- 5) **Hand, M. D.** (2019). Every three seconds: A review of an innovative documentary on research and stigma surrounding dementia across the globe. *Journal of Gerontological Social Work*, 62(3), 369-373. <https://doi.org/10.1080/01634372.2018.1541951> [Impact Factor: .99]

- 4) **Hand, M. D.** & Kaiser, M. L. (2018). Promoting community food security and empowerment among Somali Bantu refugees: A case for community kitchen gardens. *International Journal of Business, Human and Social Sciences*, 12(8), 1073-1078. <http://scholarly.org/display/promoting-community-food-security-and-empowerment-among-somali-bantu-refugees-a-case-for-community-kitchen-gardens> [Impact Factor: .876]
- 3) Park, J., Lee, K., **Hand, M.**, Anderson, K. & Schleitwiler, T. (2016). Korean survivors of the Japanese “comfort women” system: Understanding the lifelong consequences of early life trauma. *Journal of Gerontological Social Work*, 59(4), 1-28. <https://doi.org/10.1080/01634372.2016.1204642> [Impact Factor: .99]
- 2) Kaiser, M. L., Williams, M. L., Basta, N., **Hand, M.** & Huber, S. (2015). When vacant lots become urban gardens: Characterizing the perceived and actual food safety concerns of urban agriculture in Ohio. *Journal of Food Protection*, 78(11), 2070-2080. <https://doi.org/10.4315/0362-028X.JFP-15-181> [Five-Year Impact Factor: 1.765]
- 1) Sweeney, G., **Hand, M.**, Kaiser, M., Clark, J., Rogers, C., & Spees, C. (2015). The state of food mapping: Academic literature since 2008 and review of on-line GIS-based food mapping resources. *Journal of Planning Literature*, 31(2), 1-97. <https://doi.org/10.1177/0885412215599425> [Five-Year Impact Factor: 3.982]

Publications: Currently Under Review

- Hand, M. D.**, Lee, M., Dabelko-Schoeny, H., Kaiser, M., Mengo, C. & Rubenstein, B. (Submitted in September, 2025). Perceptions of sexual violence across the lifespan: A hierarchical multiple regression analysis of perceived seriousness of sexual violence, victim and offender culpability. *Sexual Abuse*. [Impact Factor: 1.8]
- Hand, M. D.**, Lee, J., *Herrera, G. & *Stewart, O. (Revised and Resubmitted in July, 2025). Self-care among social work graduate students during the COVID-19 pandemic. *Journal of Social Work Education*. [Impact Factor: 1.3]
- Prieto, L., **Hand, M. D.** & *Sandefur, H. (Revised and Resubmitted in August, 2025). “All hope is not lost:” The interplay between internalized gay ageism, body image, and sexual satisfaction. *Qualitative Health Research*. [Impact Factor: 2.6]

Publications: In Progress (*Current or former student collaborator)

- Hand, M. D.**, Anderson, K. A. & Schleitwiler, T. E. (To be submitted by Fall, 2025). Exploring green care approaches for healthy aging, recovery from trauma and holistic wellness among people with dementia.
- Inoue, M., **Hand, M.**, Koizumi, N., Chen, L., Koizumi, N., Booker, E., Nosrat, S., Mehak, S. & Shaikh, E. (To be submitted by Fall, 2025). Shared experiences with caregiving for loved ones living with dementia in an adult day health and resource center: A thematic analysis.
- Hand, M. D.**, Lee, J., *Herrera, G., & *Stewart, O. (To be submitted by Fall, 2025). Definitions of friendship among graduate students and experiences with friends, community and social networks during the COVID-19 pandemic.
- Hand, M. D.** (To be submitted by Fall, 2025). Preventing sexual violence against older adults by developing and evaluating an innovative research-, policy-, and practitioner-informed “Ending Violence Across the Lifespan” (EVAL) Bystander Training.

Hand, M. D., *McDonald, P. E., *Fitzgerald, L. & Edwards, R. (To be submitted by Spring, 2025). Addressing posttraumatic stress among healthcare workers since the COVID-19 pandemic: A systematic scoping review.

Publications: Books and Chapters

Ihara, E. S. & **Hand, M. D.** (Expected publication date: Fall, 2025). Drumming in later life: Exploring the multidimensional health benefits of bilateral stimulation In L. J. Lehmberg and C. V. Fung (Eds.). *The Oxford Handbook of Music and Aging*, Oxford University Press.

Anderson, K. A., **Hand, M. D.**, Schleitwiler, T. E. (2024). Chapter 19: Contemporary community models for places to grow old. In G. Rowles and M. Cutchin (Eds.). *Handbook of Ageing and Place* (pp. 351-366). Springer. <https://doi.org/10.4337/9781802209983.00031>

Kaiser, M. L., Pence, E. K., Burleson, K., **Hand, M. D.**, Gherman, W., Stanich, N., Sydnor, M. & Weeber, J. (2021). Food justice. In K. Benner, D. Loeffler, and N. D. Pope (Eds.). *Social, Economic and Environmental Justice: Building Social Work Practice Skills* (pp. 155-184). Springer.

Wampler, E., **Hand, M.**, Rainbolt, K., Stasa, A. & Wickerham, A. (2016). *Protecting our children: Domestic minor sex trafficking training for out-of-home care professionals*. Child Welfare League of America.

Publications: Published Abstracts and Short Entries

Hand M. D. (2021). Perceptions of sexual violence in later life, barriers and solutions to prevention. *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*, 17(8), e057385. <https://doi.org/10.1002/alz.057385>

Hand, M. & Gibson, A. (2020). Determining capacity for individuals with dementia to give sexual consent: A scoping review to guide best practice. *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*, 16(58), 1. <https://doi.org/10.1002/alz.047567>

Hand, M. (2019). Elder sexual abuse: A review of legally mandated approaches toward prevention and future implications. *Innovation in Aging*, 3(1), S968. <https://doi.org/10.1093/geroni/igz038.3510>

Park, J., & **Hand, M.** (2015). Semiotic analysis for a case of former Korean sexual slavery during World War II. *The Gerontologist*, 55(1), 467. <https://doi.org/10.1093/geront/gnv198.01>

Sponsored Research Activity: Grant and Contract Awards (*Student collaborator)

Southern Gerontological Society (SGS) Endowment Fund, Hand (PI), 2024-2025. <i>Improving health and wellbeing in Virginia by preventing sexual violence against older adults through developing a web-based Ending Violence Across the Lifespan (EVAL) bystander training.</i> Funded by SGS. Role: PI, Amount Awarded: \$3,000	May, 2024- June, 2025
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Alzheimer's and Related Diseases Research Award Fund (ARDRAF), Inoue (PI), Hand, Koizumi, & Insight Memory Care Center (Co-PIs), 2023-2024. <i>Group digital gaming: Experiences of older adults living with dementia in an activity for cognitive impairment.</i> Funded by Virginia Center on Aging. Role: Co-PI, Amount Awarded: \$44,828	Aug., 2023- June, 2024
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Stearns Center/ARIE Taskforce Curriculum Grant, Freedman (PI), Hand, Cornejo, Trumbull, Prudden & Harper (Co-PIs), 2023-2024. <i>Infusing inclusive teaching strategies into the social work major's sequence of direct practice courses.</i> Funded by The George Mason University Stearns Center and ARIE Instructional Support and Resources Working Group. Role: Co-PI, Amount Awarded: \$22,518	Aug., 2023- June, 2024
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Stearns Center/ARIE Seed Funding, Hand (PI), Hines, Booth & Fairfax County Domestic and Sexual Violence Services [DSVS] (Co-PIs), 2023-2025. <i>Reducing inequalities in domestic and sexual violence services in Fairfax County: A mixed methods evaluation to inform inclusive community engagement through exploring unique barriers to access and service use among at-risk community members.</i> Funded by The George Mason University ARIE Task Force. Role: PI, Amount Awarded: \$50,000	Aug., 2023-May, 2025
Summer Team Impact Grant, Hines (PI), Hand, Booth & Fairfax County Domestic and Sexual Violence Services [DSVS] (Co-PIs), 2023. <i>Reducing inequalities in domestic and sexual violence services in Fairfax County.</i> Funded by The George Mason University Office of the Provost. Role: Co-PI, Amount Awarded: \$69,000	June, 2023-Aug., 2023
Stearns Center/ARIE Taskforce Course Impact Grant, Hand (PI), Freedman, Booth & Abassi,* (Co-PIs), 2023-2024. <i>Revision of SOCW 200: Introduction to Social Work - Revising a Mason Core Social Work course to reflect inclusive teaching practices.</i> Funded by The George Mason University ARIE Instructional Support and Resources Working Group. Role: PI, Amount Awarded: \$20,249	Aug., 2022-June, 2023
Undergraduate Research Scholars Program (URSP), Custer* (PI) & Hand (Co-PI), 2022-2023. <i>Hope and resiliency: Interrupting the child welfare system to prison pipeline.</i> Funded by The George Mason University Office of Student Scholarship, Creative Activities, and Research (OSCAR). Role: Faculty mentor, Amount Awarded: \$1,500 (\$1,000 for J. Custer and \$500 for faculty mentorship)	Aug., 2022-July, 2023
Research and Scholarship Advancement Grant (RSA Grant), Hand (PI) & Navia (Co-PI), 2021. <i>Exploring posttraumatic stress during the pandemic: A pilot study and community based participatory research project with at-risk community members and healthcare providers.</i> Funded by the West Virginia University Provost Office and Vice President for Research Office. Role: PI, Amount Awarded: \$10,000.	May, 2021
Schneider Langlois Endowment, Hand (PI), 2020-2021. <i>Assessing trauma-related needs and horticulture therapy.</i> Funded by the Schneider Langlois Endowment and the Summer Institute on Aging at the West Virginia University School of Social Work. Role: PI, Amount awarded: \$4,000.	Sept., 2020-May, 2021

Awards and Honors

Group for the Advancement of Doctoral Education (GADE) Teaching in Social Work Award, GADE, (\$1,500; in recognition of outstanding instruction)

2019-2020 Doctoral Instructor Excellence in Teaching Award
College of Social Work, The Ohio State University (**\$1,000**)

College of Social Work Alumni Scholarship
College of Social Work Alumni Board, The Ohio State University (**\$2,000**)

2016-2017 Doctoral Instructor Excellence in Teaching Award for 2016-2017
College of Social Work, The Ohio State University (**\$1,000**)

The Selma and Alexander W. Erlen Award for Excellent Service, Academics and Scholarship, College of Social Work, The Ohio State University (\$2,000)

2015-2016 Provost's Award for Distinguished Teaching at Ohio State
Nominee

Workshop on Panel Design and Analysis featuring the Polish Panel Survey from 1988- 2013 (POLPAN) International Travel Scholarship,
The Ohio State University (\$2,500)

Conference and Other Scholarly Presentations (Peer-reviewed)

International Peer-reviewed Conference Presentations (*Current or former student)

11. **Hand, M.,** Inoue, M. Koizumi, N., *Booker, E., *Nosrat, S., *Mehak, S. & *Shaikh, E. (July, 2024). *Challenges involved in caring for a loved one who is living with dementia and the potential appropriateness of an innovative gaming activity for social and emotional wellness: Exploring focus group results from caregivers of clients involved in a group digital gaming intervention.* [Interactive virtual poster presentation]. Alzheimer's Association International Conference, Philadelphia, PA. <https://alz.confex.com/alz/2024/meetingapp.cgi/Paper/92499>
- 10) **Hand, M.,** Anderson, K. & Schleitwiler, T. (July, 2023). *Exploring green care approaches for healthy aging, healing from trauma and holistic environmental, social, spiritual, intellectual and emotional wellness among individuals with dementia: A scoping review.* [Interactive virtual poster presentation]. Alzheimer's Association International Conference, Amsterdam, Netherlands.
- 9) **Hand, M.,** Inoue, M., Kang, H., Tompkins, C., Ihara, E., *Harvey, K. & *Parsons, A. (July, 2023). *What is known about intergenerational learning approaches for addressing ageism. including toward individuals with dementia, and attitudes toward aging among future practitioners? Exploring timely scoping review results.* [Interactive virtual poster presentation]. Alzheimer's Association International Conference, Amsterdam, Netherlands.
- 8) **Hand, M.,** Kang, H., Tompkins, C., Ihara, E., Inoue, M. & *Harvey, K. [Accepted poster presentation]. *Intergenerational learning strategies for addressing ageism in higher education: A scoping review* [Program & Research Showcase]. Generations United 22nd Global Intergenerational Conference, Washington, DC <https://www.gu.org/projects/global-intergenerational-conference/>
- 7) **Hand, M.** (2021, July). *Perceptions of sexual violence in later life, barriers and solutions to prevention.* [Interactive poster presentation]. Alzheimer's Association International Conference, Denver, CO. <https://alz.org/health-disparity-conference-alzheimers-dementia/downloads/Addressing-Health-Disparities-Program-Alzheimer%27s-Association-2021.pdf>
- 6) **Hand, M.** (2021, June). *Empowerment building strategies for addressing violence and trauma in later life.* [Oral presentation]. Pacific Links Foundation, 15th Annual Social Work Summer Institute, Virtual Event. <https://pacificlinks.org/swsi/#Resilience>
- 5) **Hand, M. & Gibson, A.** (2020, July). *Determining capacity for individuals with dementia to give sexual consent: A scoping review to guide best practice* [Interactive poster presentation]. Alzheimer's Association International Conference, Virtual Event. <https://alz.confex.com/alz/20amsterdam/meetingapp.cgi/Session/6783>
- 4) **Hand, M.** (2020, April). *Using visual art-based therapy to address sexual trauma: Implications for research* [Accepted conference session]. 20th International Conference on Integrated Care, Sibenik, Croatia. <https://integratedcarefoundation.org/events/icic20-20th-international-conference-on-integrated-care>

- 3) **Hand, M.** & Beaujolais, B. (2017, November). *A systematic review of sexual assault prevention methods for older adults: Exploring the hidden needs of a growing population* [Interactive poster presentation]. 19th International Conference on Anthropology, Venice, Italy.
<https://publications.waset.org/abstracts/68310/pdf>
- 2) **Hand, M.** & Beaujolais, B. (2016, November). *Preventing sex abuse among older adult women: A systematic review of available scholarly literature* [Interactive poster presentation]. Gerontological Society of America's 69th Annual Scientific Meeting: Globalizing Social Problems, New Orleans, LA.
https://academic.oup.com/gerontologist/article/56/Suppl_3/NP/2577857
- 1) Kaiser, M., Stanich, N. & **Hand, M.** (2014, September). *Mapping the food environment to inform community health intervention strategies: A community-university partnership* [Oral conference session]. International Association for Research on Service-learning and Community Engagement Conference, New Orleans, LA. <https://www.innovations.harvard.edu/event/iarslce-annual-conference>

National Peer-reviewed Conference Presentations (*Current or former student collaborator)

- 40) **Hand, M. D.** & Ihara, E. S. (2025, January). *Prioritizing choice, self-expression, and accessible drumming- and nature-based interventions in adult day health care: A thematic analysis of Rhythm and Nature programming*. [Poster]. Annual Conference of the Society for Social Work and Research (SSWR), Seattle, WA. <https://sswr.org/2025-conference-home/>
- 39) Ihara, E. S. & **Hand, M. D.** (2024, November). *Adaptations in a drumming and horticulture intervention for older people living with intellectual disabilities*. [Symposium]. Gerontological Society of America's 76th Annual Scientific Meeting, Seattle, WA.
<https://gsa2024.eventscribe.net/searchGlobal.asp>
- 38) Inoue, M. **Hand, M.**, Koizumi, N., Chen, L. & *Booker, E. (2024, November). *Impact of group-based digital gaming intervention among individuals living with early to moderate dementia*. [Symposium]. Gerontological Society of America's 76th Annual Scientific Meeting, Seattle, WA.
<https://gsa2024.eventscribe.net/searchGlobal.asp>
- 37) **Hand, M. D.**, Tompkins, C., Ihara, E., Inoue, M., Kang, H., & *Harvey, K. (2023, November). *Intergenerational learning to addressing ageism in higher education: Scoping review findings* [East Meets West Invited Symposium]. Gerontological Society of America's 75th Annual Scientific Meeting: Empowering All Ages, Tampa, FL.
- 36) Ihara, E. S. & **Hand, M. D.** (2023, November). *Rhythm and Nature: Applying trauma-informed approaches to research to prioritize choice, expression, and justice* [Poster presentation]. Gerontological Society of America's 75th Annual Scientific Meeting: Empowering All Ages, Tampa, FL.
- 35) **Hand, M. D.**, Anderson, K. A. & Schleitwiler, T. (2023, October). *Green care for healthy aging and holistic healing for people with dementia: A scoping review* [Oral presentation]. The American Horticulture Therapy Association (AHTA) Annual Conference, Virtual.
<https://www.ahta.org/2023-ahta-annual-conference>
- 34) **Hand, M.**, *Stuart, O., *Herrera, G., & Lee, J., (2023, June). *The role of community and how socializing was impacted among graduate students during the COVID-19 Pandemic* [Oral paper presentation]. Presented at the Society for the Study of Emerging Adulthood (SSEA) Conference on Emerging Adulthood, San Diego, CA.
https://www.ssea.org/wp-content/uploads/2023/07/11CEA_webversion_20230614.pdf

- 33) Freedman, D., **Hand, M.** & Booth, J. (2023, March). *Promoting dialogue about inclusive social work practice* [Workshop for program directors and chairs]. Presented at the Association of Baccalaureate of Social Work Program Directors Annual Conference, Birmingham, AL.
<https://www.bswpdonline.org/the-conference>
- 32) **Hand, M.**, *Pham, M., *Gutierrez, D., * Custer, J., *Khan, W. & *Fitzgerald, L., (2023, January). *Cultivating hope through horticulture-based strategies for addressing trauma: Findings from a systematic scoping review* [Interactive poster presentation]. Presented at the Annual Conference of the Society for Social Work and Research (SSWR), Phoenix, AZ.
<https://sswr.confex.com/sswr/2023/webprogram/Paper51303.html>
- 31) **Hand, M.**, *Pham, M., *Fitzgerald, L., *Custer, J., *Khan, W. & *Gutierrez, D. (2022, September). *Current research on farm and garden-based strategies for addressing trauma: A systematic scoping review* [Oral presentation]. The American Horticulture Therapy Association (AHTA) Annual Conference, Kansas City, MO.
<https://ahta.memberclicks.net/2022-annual-conference-schedule>
- 30) **Hand, M.** (2022, July). *Timely considerations for trauma informed teaching in higher education during and after the pandemic* [Oral presentation]. 2022 Anthology Together Conference, Orlando, FL. <https://www.anthology.com/together/program/sessions>
- 29) Freedman, D., **Hand, M.** & Booth, J. (2022, March). *Integrating social work values with inclusive theories: An approach for structuring an implicit curriculum* [Oral presentation]. The Association of Baccalaureate of Social Work Program Directors Annual Conference, Virtual Event.
https://www.bswpdonline.org/_files/ugd/fe7108_073006018157494d801d38003509c348.pdf
- 28) **Hand, M.** & *McDonald, P. (2022, January). *Addressing posttraumatic stress during the COVID-19 pandemic: A scoping review* [Interactive poster presentation]. Annual Conference of the Society for Social Work and Research (SSWR), Washington, D.C.
<https://sswr.confex.com/sswr/2022/webprogram/Paper47926.html>
- 27) **Hand, M.** (2021, November). *Arts-based approaches to addressing sexual violence and trauma: A systematic scoping review*. [Accepted interactive poster presentation]. Accepted for the 67th Annual Program Meeting of the Council on Social Work Education, Orlando, FL, November, 2021.
<https://www.cswe.org/events-meetings/2021-apm/>
- 26) **Hand, M.** (2021, January). *Perceptions of sexual violence, particularly in later life: A logistic regression and chi-square analysis of a factorial vignette survey on ability to label sexual violence and reportability* [Interactive poster presentation]. The 25th Annual Conference of the Society for Social Work and Research (SSWR), Virtual Event.
<https://sswr.confex.com/sswr/2021/webprogram/Paper43888.html>
- 25) **Hand, M.** (2021, January). *A systematic scoping review of perceptions of sexual violence in later life and approaches to prevention* [Interactive poster presentation]. The 25th Annual Conference of the Society for Social Work and Research (SSWR), Virtual Event.
<https://sswr.confex.com/sswr/2021/webprogram/Paper43763.html>
- 24) **Hand, M.** (2019, November). *Elder sexual abuse: A review of legally mandated approaches toward prevention and future implications* [Interactive poster presentation]. Gerontological Society of America's 71st Annual Scientific Meeting: Globalizing Social Problems, Austin, TX.
<https://www.ncbi.nlm.nih.gov.proxy.lib.ohio-state.edu/pmc/articles/PMC6844866/>
- 23) **Hand, M.** (2019, October). *Elder sexual abuse: A scoping review of its nature, prevalence and prevention* [Interactive poster presentation]. The 65th Annual Program Meeting of the Council on Social Work Education, Denver, CO. https://www.cswe.org/getattachment/Events-Meetings/2019-APM/2019APM_FinalProgram_WEB72.pdf.aspx

- 22) Beaujolais, B. & **Hand, M.** (2019, January). *Prostitution court diversion programs: A scoping review of program components and impact* [Accepted conference session]. The 22nd Annual Conference of the Society for Social Work and Research, San Francisco, CA.
<https://sswr.confex.com/sswr/2019/webprogram/Paper33753.html>
- 21) Beaujolais, B. & **Hand, M.** (2018, January). *An exploration of feminist self-defense programs as a strategy to prevent sexual violence on college campuses: A systematic review* [Interactive poster presentation]. The 21st Annual Conference of the Society for Social Work and Research, Washington, D.C.
<https://sswr.confex.com/sswr/2018/webprogram/Paper32792.html>
- 20) **Hand, M.** & Beaujolais, B. (2017, October). *Preventing sexual violence among older adult women and men: A systematic review* [Interactive poster presentation]. The 63rd Annual Program Meeting of the Council on Social Work Education, Dallas, TX. https://www.cswe.org/Events-Meetings/2017-APM/APM-Information/2017APM_FinalProgram.aspx
- 19) **Hand, M.** & Beaujolais, B. (2017, January). *A systematic review of approaches used to address sexual assault among older adults: Exploring the hidden needs of a growing yet underrepresented population* [Interactive poster presentation]. The 20th Annual Conference of the Society for Social Work and Research, New Orleans, LA. sswr.confex.com/sswr/2017/webprogram/Paper29326.html
- 18) Beaujolais, B. & **Hand, M.** (2017, January). *Exploring strengths-based strategies used to prevent sexual trauma within the community: A systematic review* [Interactive poster presentation]. The 20th Annual Conference of the Society for Social Work and Research, New Orleans, LA.
<https://sswr.confex.com/sswr/2017/webprogram/Paper29713.html>
- 17) **Hand, M.**, Wang, X. & Bennett, R. (2016, August). *Community-based approaches to helping families who live in poverty cope with trauma: A systematic review* [Oral paper presentation]. The Annual Meeting of the Society for the Study of Social Problems: Globalizing Social Problems, Seattle, WA. <https://www.sssp1.org/file/2016AM/2016%20Final%20Program.pdf>
- 16) **Hand, M.** (2016, August). *Sex trafficking from a global perspective: A small scale comparative analysis of the United States, India, and China* [Oral paper presentation]. The Annual Meeting of the Society for the Study of Social Problems: Globalizing Social Problems, Seattle, WA.
<https://www.sssp1.org/file/2016AM/2016%20Final%20Program.pdf>
- 15) Kaiser, M., Huber, S. & **Hand, M.** (2016, January). *Not all food environments are created equal: The case of an urban Appalachian community* [Interactive poster presentation]. The 19th Annual Conference of the Society for Social Work and Research, Washington, D.C.
<https://sswr.confex.com/sswr/2016/webprogram/Paper27384.html>
- 14) Bennett, R. & **Hand, M.** (2016, January). *A holey safety net: 'Economic Opportunity', 'Temporary Assistance', and 'Work-Fare' in the United States* [Interactive poster presentation]. The 19th Annual Conference of the Society for Social Work and Research, Washington, D.C.
<https://sswr.confex.com/sswr/2016/webprogram/Paper26570.html>
- 13) **Hand, M.** (2016, January). *A systematic review of the impacts of community garden participation on social capital* [Interactive poster presentation]. The 19th Annual Conference of the Society for Social Work and Research, Washington, D.C.
<https://sswr.confex.com/sswr/2016/webprogram/Paper25445.html>
- 12) **Hand, M.**, Park, J. & Bennett, R. (2015, October). *Promoting food security among older adults: A systematic review* [Poster presentation]. The Annual Program Meeting of the Council on Social Work Education, Denver, CO. [https://www.cswe.org/getattachment/Events-Meetings/APM-Archives/2015-APM/2015APM_FinalProgram_final_LowRes-\(3\).pdf.aspx](https://www.cswe.org/getattachment/Events-Meetings/APM-Archives/2015-APM/2015APM_FinalProgram_final_LowRes-(3).pdf.aspx)

- 11) **Hand, M.** & Kaiser, M. (2015, October). *Education on community food security promotion through service learning: A systematic review* [Poster presentation]. The Annual Program Meeting of the Council on Social Work Education, Denver, CO.
[https://www.cswe.org/getattachment/Events-Meetings/APM-Archives/2015-APM/2015APM_FinalProgram_final_LowRes-\(3\).pdf.aspx](https://www.cswe.org/getattachment/Events-Meetings/APM-Archives/2015-APM/2015APM_FinalProgram_final_LowRes-(3).pdf.aspx)
- 10) **Hand, M.** (2015, March). *The impact of community gardens on social capital: A systematic review* [Poster presentation]. The Harvard Law School Just Food? Forum on Justice in the Food System, Cambridge, MA. <http://foodbetter.squarespace.com/conference-poster-session>
- 9) Kaiser, M. & **Hand, M.** (2015, March). *Engaging university students in policy through poverty simulation* [Oral paper presentation]. The Annual Conference of the Association of Baccalaureate Social Work Program Directors, Kansas City, MO.
<https://www.bpdonline.org/images/bpddocs/2015FinalProgram.pdf>
- 8) Park, J. H., **Hand, M. D.** & Anderson, K. A. (2015, January). *Experiences of Korean sex slavery in the Japanese comfort women system during World War II* [Oral paper presentation]. The 18th Annual Conference of the Society for Social Work and Research, New Orleans, LA.
<https://sswr.confex.com/sswr/2015/webprogram/Paper24206.html>
- 7) **Hand, M.** & Kaiser, M. (2015, January). *Community gardens: A systematic review of the physical, mental, and social benefits* [Poster presentation]. The 18th Annual Conference of the Society for Social Work and Research, New Orleans, LA.
<https://sswr.confex.com/sswr/2015/webprogram/Paper23324.html>
- 6) **Hand, M.** & Kaiser, M. (2014, October). *Promoting social and economic wellness through community gardens: A systematic review* [Oral paper presentation]. The Annual Program Meeting of the Council on Social Work Education, Tampa, FL. <https://www.cswe.org/getattachment/Events-Meetings/APM-Archives/2014-APM/CSWEFnlPrgm-FINAL.pdf.aspx>
- 5) **Hand, M.**, Linley, J. & Bennett, R. (2014, October). *Impacts of criminal justice system involvement on food security: A systematic review* [Poster presentation]. The Annual Program Meeting of the Council on Social Work Education, Tampa, FL. <https://www.cswe.org/getattachment/Events-Meetings/APM-Archives/2014-APM/CSWEFnlPrgm-FINAL.pdf.aspx>
- 4) Kaiser, M. L., **Hand, M. D.** & Williams, M. L. (2014, August). *Perceptions of urban agriculture programs: Voices from community residents* [Oral paper presentation]. The Annual Meeting of the Society for the Study of Social Problems: In Pursuit of Justice, San Francisco, CA.
www.sssp1.org/file/2014AM/SSSP%20Final%20Program%20for%20Posting%20%207-30-14.pdf
- 3) Bennett, R. & **Hand, M.** (2014, August). *Can poverty initiatives succeed in a capitalist economy? A systematic review of the implementation and outcomes of the Equal Opportunities Act of 1964 and the Temporary Aid to Need Families Act of 1996* [Oral paper presentation]. The Annual Meeting of the Society for the Study of Social Problems: In Pursuit of Justice, San Francisco, CA.
www.sssp1.org/file/2014AM/SSSP%20Final%20Program%20for%20Posting%20%207-30-14.pdf
- 2) Bennett, R. & **Hand, M.** (2013, August). *Re-Balancing the power differential between students and instructors*. Oral paper presentation]. The Biennial Conference of the Pedagogy of Privilege, Denver, CO. <http://engagedillinois.blogspot.com/2013/03/2013-pedagogy-of-privilege-conference.html>
- 1) Park, J. H., **Hand, M. D.** & Anderson, K.A. (2013, November). *Effects of historical trauma on late-life experience among Korean Comfort Women* [Poster presentation]. The Annual Program Meeting of the Council on Social Work Education, Dallas, TX. <https://www.cswe.org/CSWE/media/APM-2013/2013CSWEFnlPrgm.pdf>

Local, State, or Regional Peer-reviewed Conference Presentations (*Student collaborator)

- 10) Kirsch, V. & **Hand, M.** (Accepted; In prep. for 2025, September). *Teaching trauma in the time of trigger warnings* [Interactive Oral Session]. GMU Stearns Center 2025 Innovations in Teaching & Learning (ITL) Conference, Fairfax, VA.
- 9) **Hand, M.** & Ihara, E. (2024, March). *Revisiting Rhythm and Nature: Expanding on an innovative, trauma-informed, inclusive approach to research* [Interactive poster presentation]. Access to Research and Inclusive Excellence (ARIE) National Conference, Fairfax, VA,
- 8) **Hand, M.**, Hines, D., Booth, J. & *Kline, S. (2024, March). *Exploring domestic and sexual violence service needs in Fairfax County: Implications for inclusive research* [Interactive poster presentation]. Access to Research and Inclusive Excellence (ARIE) National Conference, Fairfax, VA,
- 7) **Hand, M. D.**, Freedman, D., Booth, J., *Abassi, R., *Ocasio, E., *Shaw, M., *Sterrett, L., *George, A., & *Harvey, K. (2023, October). *Collaborative core Social Work course revisions to underscore inclusivity* [On-demand Oral Presentation]. GMU Stearns Center 2023 Innovations in Teaching & Learning (ITL) Conference, [Virtual].
- 6) **Hand, M.**, Ihara, E., Inoue, M., Kang, H., Tompkins, C., *Harvey, K. & *Parsons, A. (2023, April). *Intergenerational learning strategies for university and college students to reduce ageism: Preliminary scoping review results* [Poster presentation]. Southern Gerontological Society Annual Meeting & Conference, Norfolk, VA.
<https://southerngerontologicalsociety.org/meeting.html>
- 5) Ihara, E. S. & **Hand, M. D.** (2022, October). *Applying principles of trauma-informed approaches to research to prioritize choice, and self-expression*. [Interactive poster presentation]. ARIE Task Force Inclusive Excellence Conference, Arlington, VA.
<https://inclusion/arie/arie-conference>
- 4) Freedman, D. & **Hand, M.** (2022, March). *Preparing social workers to integrate professional values and inclusive approaches in practice* [Oral presentation]. 2022 Joint Annual Conference presentation to the NASW VA and Metro DC staff, Washington, DC [Virtual].
<https://naswvirtual.socialworkers.org/nasw-2022-national-conference>
- 3) **Hand, M.** (2021, October). *First session: Healthy people and healthy society* [Interdisciplinary ‘lightning talk’]. George Mason University SoC/IDIA Inter-disciplinary Computing Research Symposium, Fairfax, VA. <https://idia.gmu.edu/interdisciplinary-computing-research-symposium/>
- 2) Park, J. & **Hand, M.** (2015, April). *Later life experience of sexual slaveries in the Japanese military during World War II* [Accepted conference session]. The 39th Annual Ohio Association of Gerontology and Education Conference, Bowling Green, OH.
<https://scholarworks.bgsu.edu/oagec/>
- 1) **Hand, M. D.** (2014, March). *The lived experiences of Midwestern food pantry consumers: Qualitative food insecurity research* [Interactive poster presentation]. The Annual Conference of the Association of Baccalaureate Social Work Program Directors, Louisville, KY. <https://10times.com/annual-conference-association-baccalaureate-social-work-program-directors>

Invited Presentations and Workshops (**Since joining George Mason University)

National and International Invited Conference Presentations and Workshops

- 4) ****Hand, M.** (2024, May 13). *Green spaces, environmentally just social determinants of health, and nature-based strategies for wellness* [Workshop]. Council on Social Work Education (CSWE) Fellows Forum, Alexandria, VA.
- 3) ****Ihara, E. S. & Hand, M. D.** (2023, August 30). *Creative arts and non-pharmacological interventions for older clients* [Oral presentation; national conference workshop]. American Association of Service Coordinators (AASC) 2022 National Service Coordinator Conference, National Harbor, MD.
- 2) ****Hand, M.** (2023, June 17). *Relationships, social networks, and well-being* [Invited Chair of the organized paper session]. Society for the Study of Emerging Adulthood (SSEA) Conference on Emerging Adulthood, San Diego, CA.
https://www.ssea.org/wp-content/uploads/2023/07/11CEA_webversion_20230614.pdf
- 1) **Hand, M. D.** (2021, June 10). *Empowerment building strategies for addressing violence and trauma in later life* [Interactive translated workshop attended by 132 social workers, professors and students in Vietnam, Cambodia, Laos, Malaysia, Myanmar, Thailand and Canada]. Pacific Links Foundation, 15th Annual Social Work Summer Institute, [Virtual].

Academic Invited Presentations at George Mason University

- 3) **** Hand, M. D.** (2024, February 29). *Violence, trauma, and considerations for inclusive social work practice* [BSW Program speaker series: [Advancing inclusive social work practice lecture]. George Mason Department of Social Work, Fairfax, VA.
- 2) ****Hand, M. D.** (2022, May 6). *Cultivating recovery from trauma through intergenerational gardens: Scoping review highlights and future directions* [Lightning talk]. George Mason University College of Health and Human Services (CHHS) Lightning Talk event, [Virtual].
- 1) ****Hand, M. D.** (2021, November 5). *Horticulture-based therapy approaches: Exploring the merits of green care farms and gardens for addressing mental health and trauma* [Lunch and learn seminar]. George Mason Department of Social Work Lunch and Learn Seminar, Fairfax, VA.

Academic Invited Presentations and Panel Discussions at Other Universities

- 7) ****Hand, M. D.** [Panelist] (2023, April 13). *Life in academia* [Panel discussion, with Drs. Tom Gregoire, Holly Dabelko Schoeny and Alan Davis, Organized by Dr. Mo Yee Lee]. Presented to PhD Candidates and Students at the Ohio State University College of Social Work Doctoral Academic Research event [Virtual].
- 6) ****Hand, M. D.** (2022, September 1). *Work with sexual violence and older adults: What practitioners need to know* [Recorded guest lecture for Allison Gibson, PhD, Kentucky University College of Social Work]. [Virtual].
- 5) ****Hand, M. D.** [Panelist] (2021, October 25). *Virtual academic job search event* [Panel discussion with Drs. Natasha Bowen and Arati Maleku, Organized by Dr. Mo Yee Lee]. Presented to PhD Candidates and Students at the Ohio State University College of Social Work Doctoral Academic Job Search Event, [Virtual].
- 4) **Hand, M. D.** (2021, February 22). *Ageism, sexism and work with older clients* [Lunch and learn seminar: One CEU, attended by community practitioners, as well as by WVU students, staff and faculty]. West Virginia University School of Social Work, [Virtual].

- 3) **Hand, M. D.** (2020, May 03). *Spring 2020 Commencement* [Recorded student speech for the graduating class of 2020 in all Colleges]. The Ohio State University, [Virtual].
- 2) **Hand, M. D.** [Speaker and panelist]. (2016, November 2). *The Institute for Population Research Graduate Student Organization (IPRGSO), Survive (and Thrive!) Workshop Series: Work-Life Balance* [Interactive workshop and panel discussion]. The Ohio State University, Columbus, Ohio
- 1) **Hand, M. D.** (2014, May 02). *College of Social Work Evening of Recognition* [Opening and closing graduation ceremony remarks]. College of Social Work, The Ohio State University, Columbus, Ohio.

Local and Regional Invited Workshops for Community Organizations and Agencies

6. ****Hand, M.D. & Hines, D. A.** (2025, May 7). *Domestic and sexual violence in later life: Considerations for caregivers and clients* [Interactive invited community member and practitioner workshop]. Fairfax County Department of Family Services Adult and Aging Division Community Member and Practitioner Workshop, Fairfax, VA.
- 5) ****Hand, M. D.** (2025, March 9). *Take a breath: Finding a sense of calm during storms in our lives* [Interactive invited therapeutic workshop for adults]. Messiah UMC Take a Break Luncheon and Workshop, West Springfield, VA.
- 4) ****Hand, M. D.** (2023, April 19). *Nature-based therapy for wellness and healing from trauma* [Interactive invited therapeutic workshop]. Friends of Guest House event, Alexandria, VA.
- 3) ****Ihara, E. & Hand, M. D.** (2023, February 2). *Exploring intersectionality in later life* [Interactive invited workshop]. Independence Now staff meeting, [Virtual].
- 2) ****Ihara, E. & Hand, M. D.** (2022, September 8). *The intersectionality of ageism and sexism* [Interactive invited workshop]. WRJ Mid-Atlantic District event, [Virtual].
<https://files.constantcontact.com/7735c237501/ab5f0245-b61d-448a-be8e-d45248ff5056.pdf?rdr=true>
- 1) ****Hand, M. D.** (2022, May 4). *Preventing and addressing sexual violence and trauma in families: Considerations for trauma-informed practice* [Virtual invited workshop]. West Virginia National Association of Social Workers (NASW) Spring Conference, [Virtual].

Graduate Research Experience

Graduate Research Associate

2016–2017

The Ohio State University College of Social Work, Columbus, Ohio
 Concentration: *Food for a Long Life (FFLL)*; A five-year project using intergenerational strategies to address food insecurity in Columbus, Ohio and Lynchburg, Virginia
 Co-PIs: Shannon Jarrott, Ph.D. and Holly Dabelko-Schoeny, Ph.D.
 Funded by National Institute of Food and Agriculture (\$1,279,811)

- Helped launch project and community member listening sessions to support CBPR
- Co-created project logo, recruitment materials, slide deck, directory and IRB forms
- Facilitated community member activities at the Champion Intergenerational Center

Graduate Research Associate

2012–2014

The Ohio State University College of Social Work, Columbus, Ohio
 Concentration: *Food Mapping and Exploring Innovative Ways to Address Community Food Insecurity*

PI: Michelle Kaiser, Ph.D.

Funded by the Ohio State University Food Innovation Center Seed Grant 2012-2013 (\$50,000, Renewal: \$2,500) and the Ohio State University Innovation Initiative 2012-2013 (\$50,000)

- Conducted surveys; contributed to survey development, created codebook, co-led community-based research trainings, and developed resource guide
- Completed scoping reviews on gardening to increase community food security and peer

- coaching for diabetes; conducted process evaluations; and identified field placements
- Co-led university *SNAP Challenge* and analyzed data on *SNAP Challenge* experiences
- Collected, coded and entered urban agriculture survey data and analyzed focus group data
- Helped host the *Food Mapping Team Dine and Learn Event* and ongoing team meetings

Graduate Research Associate

2012–2013

The Ohio State University College of Social Work, Columbus, Ohio

Concentration: *Lesbian, Gay, Bisexual, Transgender, Queer and Questioning (LGBTQQ)*

Wellness Study among College Students

Co-PIs: Susan Saltzburg, Ph.D., Tamara Davis, Ph.D., Angie Wellman, LPCC and Tayo Clyburn, Ph.D. (Report: csw.osu.edu/wp-content/uploads/2015/02/OSU-LGBTQQ-Study-Report-for-Release.pdf)

- Developed surveys for a university-wide study on the needs of LGBTQQ students
- Completed a comprehensive literature review on transgender youth needs
- Reduced concept mapping statements and assisted with focus group and project meeting facilitation

Teaching Experience (*Designed the course; **Substantially revised the course)

Assistant Professor

George Mason University Department of Social Work

Higher Education 886: Doctoral Internship in College Teaching and Administration	Summer (SU) 2024
Higher Education 897: Directed Reading in Higher Education	SU 2024
*Social Work 483: Trauma-informed Care and the Life Course	SU 2024 and 2025, and Spring (SP) 2025
Social Work 380: Changing Social Policies and Systems	Fall 2022
**Social Work 688: Program Evaluation for Social Workers (Lead Instructor)	SU 2022 and 2023; [Two Sections] Fall 2023
**Social Work 688 DL (Distance Learning): Program Evaluation for Social Workers	Spring 2023, Summer 2023
**Social Work 200: Introduction to Social Work (Lead Instructor)	SP and Fall 2022, SP 2024, Fall 2025
**Social Work 200 DL (Distance Learning): Introduction to Social Work (Lead Instructor)	SP 2022, 2023, 2024, SP 2025, Fall 2025
Social Work 678: Trauma and Recovery	Fall 2021

Assistant Professor

West Virginia University School of Social Work

Social Work 322: Practice with Families and Small Groups	[Two Sections] SP 2021
Social Work 616: Evaluation Research in Social Work	SP 2021
Social Work 682: Advanced Field Experience	Fall 2020 and SP 2021
Gerontology 645: Fundamentals of Gerontology	Fall 2020

Lead Instructor

The Ohio State University College of Social Work

Social Work 1130: Introduction to Social Work in Contemporary Society	Fall/ SP 2019; Fall/ SP 2017; Fall 2015
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Social Work 3301 [Online]: Lifespan Development in Social Work	SU 2019
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Adjunct Professor

Columbus State Community College: Department of Social and Human Services (SAHS)

SAHS 1111 [Hybrid]: Introduction to Social Work and Mental Health	SP 2019 and Fall 2018
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Lead Instructor

The Ohio State University College of Social Work

Social Work 1120 [Online]: Introduction to Social Welfare	Fall 2018
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Social Work 1120: Introduction to Social Welfare	SP/ Fall 2016; Fall 2014
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Social Work 1130 [Online]: Introduction to Social Work in Contemporary Society	SP 2020 and 2015
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Resident Director

The Ohio State University College of Social Work	May 2014
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Nicaragua Study Abroad Program

- Co-led and launched the first study abroad program to Nicaragua through the College of Social Work for graduate and undergraduate students and evaluated assignments

Graduate Student Advising and Supervision Experience

Doctoral Student Research Mentor , M. Carlos, Doctoral Student, College of Education and Human Development	2024-present
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Doctoral Student Research Mentor , J. Manuel, Doctoral Student, College of Education and Human Development	2024
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Doctoral Dissertation Committee Member (successful candidacy defense in June, 2021) C. De Fazio. Public Health, West Virginia University.	2021–2024
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Master of Social Work (MSW) Academic and Faculty Advisor Six MSW students, West Virginia University School of Social Work.	2020–2021
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Research Lab Supervisor for Graduate Research Assistants

M. Shaw and J. Driskill, MSW students	2025-present
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J. Pignano and J. Driskill, MSW students	2024-2025
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K. Harvey, MSW students, George Mason University Department of Social Work, Social Work Integrative Research Lab (SWIRL)	2022-2024
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G. Herrera, MSW student, George Mason University Department of Social Work, Social Work Integrative Research Lab (SWIRL)	2023-2024
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L. Fitzgerald, D. Gutierrez and M. Pham, George Mason University Department of Social Work, Social Work Integrative Research Lab (SWIRL)	2021-2022
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Supervisor for Graduate Research Assistants	2020–2021
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M. Gelfand and P. McDonald, West Virginia University School of Social Work.

Undergraduate Student Advising and Supervision Experience

Faculty Mentor	2023–2024
Seventeen BSW students, George Mason University Department of Social Work.	
Undergraduate Research Scholars Program (URSP) [Faculty Mentor]	2022
Advised a student’s summer research project, focused on hope and resiliency among foster care youth, entitled “Hope and resiliency Interrupting the child welfare system to prison pipeline,” presented by undergraduate student J. Custer, George Mason University Department of Social Work.	
National Conference on Undergraduate Research (NCUR) Faculty Advisor	2022
Advised a student to inform a rapid review presented at the annual NCUR on April 6, 2022, entitled “Horticulture-based therapy approaches for trauma-informed parenting: A rapid review of the literature with implications for foster and adoptive care trainings,” presented by undergraduate student J. Custer, George Mason University Department of Social Work.	
Research Lab Supervisor for Undergraduate Research Assistants	
R. Gill, undergraduate student in Sociology, George Mason University Department of Social Work, Social Work Integrative Research Lab (SWIRL)	2024-2025
J. Pignano, former BSW and current MSW student, George Mason University Department of Social Work, Social Work Integrative Research Lab (SWIRL)	2024
A. George and M. Blair Stohler, George Mason University Department of Social Work, Social Work Integrative Research Lab (SWIRL)	2023-2024
J. Custer and W. Kahn, George Mason University Department of Social Work, Social Work Integrative Research Lab (SWIRL)	2021-2022

Direct Practice Experience

Primary Care Social Worker	2019
Nationwide Children’s Hospital	
▪ Provided case management, brief therapy and crisis assessment for clients and families ▪ Actively collaborated in and contributed to interdisciplinary team meetings and consultations	
School Social Worker	2016
Contracted through Therapy Source for Nexus Academy, Whitehall, Ohio	
▪ Provided school-based therapy and resource linkages; developed a Student Resource Guide	
Clinician	2011–2012
The Buckeye Ranch, Columbus, Ohio	
▪ Provided home-based therapy and support to clients in need of intensive treatment ▪ Actively contributed to meetings and trainings for ongoing professional development	
Artist and Adolescent Art Group Facilitator	2011–2012
Syntaxis Youth Homes, Columbus, Ohio	
▪ Assisted youth with increasing emotional regulation through artistic expression, bi-weekly art groups, field trips, and community mural development, in a group home setting	

Therapist 2011
 Central Ohio Mental Health Center, Delaware, Ohio

- Provided individual and family therapy on an Intensive Home-Based Program Team (IHBT)
- Offered community psychiatric support services and recommendations during team meetings
- Created individual service plans, completed progress notes, administered outcome and session rating scales, and tracked progress and intervention efficacy utilizing rating scales

Graduate Student Intern - Program Coordinator and Student Advisor 2010–2011
 OSU ACCESS Collaborative Program, Columbus, Ohio

- Contributed to grant writing and identifying evidence-based practices for the program
- Organized and led workshops and student groups; helped plan Student Parent Symposium
 - Developed assignments, surveys, and assessment tools, and revised monthly newsletters
- Provided counseling and Ohio Benefit Bank resource referral, created a bi-weekly art program

Therapy Group Co-facilitator 2009–2011
 Families in Touch (Offered through the Dublin Counseling Center), Worthington, Ohio

- Co-facilitated bi-weekly therapy group for individuals affected by issues related to mental health, such as Anxiety, Depression, Bi-Polar Disorder, and Schizophrenia
- Provided members with alternative community resources in addition to support

Undergraduate Student Intern - Case Manager and Child Activities Specialist 2009–2010
 The Dublin Counseling Center, Dublin, Ohio

- Provided community support services throughout the County, including via the Dublin Food Bank
- Designed a creative arts-based activity program for children three years and older
- Co-facilitated and created information packets for holiday depression group

Service to the Profession, University and Community

Service to Professional Societies

Editorial Board Member, *Journal of Ethnic & Cultural Diversity in Social Work* 2023 – present
Guest Reviewer 2021 - 2023

Peer Reviewer, *Department of Justice Office on Violence Against Women*, Research and Evaluation (R&E) Initiative 2023-2024

Peer Reviewer, *National Institute of Justice*, Research on the Abuse, Neglect, and Financial Exploitation of Older Adults Peer Review 2024

Guest Reviewer, *Journal of Gerontological Social Work* 2022 - 2023

Guest Reviewer, *Journal of Human Trafficking* 2021- 2023

Guest Reviewer, *The Gerontologist* 2021- 2024

Textbook Chapter Reviewer, *Aging and the Life Course: Social and Cultural Context* 2021

Service to the Department, College and University

Expressive terrarium activity leader, *Nature-based programming; Horticulture therapy*. 2023
 Celebrate Public Health event, GMU College of Public Health, Fairfax, VA, March 25.

Committee Member, BSW Program Committee 2021–present
 ▪ ***BSW Mentorship Subcommittee:*** 2021

Created materials for applying to graduate school for BSW students	
▪ <i>Inclusive Reading Subcommittee:</i> Identified and extensively added inclusive instruction materials for both graduate and undergraduate courses	2021
Reviewer, GMU Department of Social Work MSW Application Review	2022
Member, Department of Social Work PhD Planning Taskforce	2021–present
Co-Chair, DSJ Committee	2022–2024
▪ Developed and presented a workshop on the importance of authentic land acknowledgments and shared a land acknowledgment statement with the Department as well as to the <i>Educator Resource: Teaching Inclusion under the 2022 EPAS</i> event for online MSW program educators, to be used in syllabi across the in-person and online curriculum	
▪ <i>Committee Member</i>	2021–2024
▪ <i>DSJ Event Subcommittee:</i> Cohosted and collaboratively planned the <i>Resilience Upon Returning</i> panel discussion, attended by 82 students, faculty and staff in the Department of Social Work with a combined total of over 150 students, faculty and staff, when including attendees from the Carter School	2021–2024
▪ <i>DSJ Reading Subcommittee:</i> Added an inclusive database of readings, videos and other materials for teaching and sharing with students and faculty	2021
Committee Member, Social Work (SOCW) Chair Reappointment Committee	2022
Committee Member, 2021 GMU Department of Social Work Search Committee	2021-22 and 2023-24
Reviewer, WVU School of Social Work (SSW) MSW Application Review	2021
Committee Member, WVU SSW Inclusive Teaching Committee	2020–2021
Contributed resources, knowledge and ideas to promote engagement with inclusive teaching strategies in efforts to cultivate a safe and inclusive environment School of Social Work, West Virginia University	
Speaker, The Ohio State University 2020 Commencement	2020
Delivered an invited speech during Spring commencement for all OSU graduates College of Social Work, The Ohio State University	
Volunteer, Client Role Play for <i>Social Work 3501: Engagement & Interviewing Skills</i>	2019
Role-played as a client for final exams and provided professional feedback to students College of Social Work, The Ohio State University	
Graduate Student Committee Member, PhD Curriculum Committee	2015–2016
Actively contributed to survey development and assessment to explore and advance mentorship for doctoral students and inform continued curriculum development College of Social Work, The Ohio State University	
Graduate Student Committee Member, Inclusive Teaching Committee	2014–2015
Collaboratively developed resources and events to recruit and support faculty and students while promoting inclusive and supportive ongoing community engagement	

College of Social Work, The Ohio State University

Invited Speaker, (November 03). *Mental health and social work: Implications for strengths-based, culturally competent practice* [Guest lecture]. The academic seminar Social Work 1130: Introduction to Contemporary Society, College of Social Work, The Ohio State University, Columbus, Ohio. 2014

President, The Doctoral Student Organization (DSO) 2013–2014
Organized and facilitated events to support doctoral student and faculty networking, self-care, celebration of mentorship and engagement

Invited Speaker, (April 19). *Mental health services: Clinical overview and lessons learned* [Guest lecture]. The academic seminar Social Work 1130: Introduction to Contemporary Society, College of Social Work, The Ohio State University, Columbus, Ohio. 2013

Invited Speaker, (November 13). *Mental health practice within the field of social work* [Guest lecture]. The academic seminar Social Work 4501: Generalist Practice with Families, College of Social Work, The Ohio State University, Columbus, Ohio. 2012

Vice President, The College of Social Work Student Association (CSWSA) 2010–2011
Organized meetings, resources, events, and recruitment to support undergraduate and graduate social work students, CEU opportunities, and ongoing collective advocacy
College of Social Work, The Ohio State University

Service to the Community

Member, WV AWARE (Asking Women About Relationship Experiences) Stakeholder Board 2020–2022
Collaborated with a Survivor Advisory Board to foster safety and wellness among survivors of intimate partner violence in healthcare settings through trauma-informed research
West Virginia University, Led by Laurie Thompsen, Danielle Davidov and Elizabeth Cox;
Funded by the Partner-Centered Outcomes Research Institute (PCORI)

Volunteer, Bridges Out of Poverty Training 2018
Collaboratively organized and implemented a workshop for social workers, educators and community partners on strategies for supporting at-risk clients, Maple Grove UMC

Organizer and Volunteer, SWAA Doc and Talk Event 2017
Organized and hosted a showing of *13th* by Ava DuVernay, for students and community members, as well as a discussion on how to engage in trauma-informed inclusive practice
College of Social Work, The Ohio State University

Chair, Letter Writing Committee, The Social Welfare Action Alliance (SWAA) 2014–2015
Organized and hosted letter writing events to encourage advocacy to address urgent social issues, such as sex trafficking, food insecurity, and LGBTQ+ community needs
Columbus, Ohio Chapter

Secretary, The Social Welfare Action Alliance (SWAA) 2014–2015
Planned and hosted university and community events and shared information to promote advocacy to address social problems relating to sexual violence, trauma and poverty
Columbus, Ohio Chapter

Organizer, Social Welfare Action Alliance (SWAA) 2012
Recruited volunteers for the *2012 Good Neighbors Picnic*
Columbus, Ohio Chapter

Chair, Anti-Trafficking Committee, The College of Social Work Student Association 2010–2011

Organized and raised funding for a university-wide 5k run to increase awareness of sex trafficking at state and local levels, and collected donations for sex trafficking survivors (CSWSA) College of Social Work, The Ohio State University

Consulting Experience

The Ohio State University Kirwan Institute for the Study of Race and Ethnicity Provided research consultation for Maurice Stevens and Karima Samadi, to inform a study of intersections between sex trafficking and community food insecurity.	2016
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Professional Development Training

Pre-tenure Faculty College of Public Health Research Mentoring Session, Led by Dr. Joya Misra , George Mason University College of Public Health, Fairfax, VA	2024
• Discussed strategies for more productive manuscript writing and for securing high-quality research mentorship	
National Center for Faculty Development and Diversity (NCFDD) Faculty Success Program , Virtual	2024
Faculty Success Program (12-week online program)	
▪ Explored strategies for increasing research and writing productivity, enhanced time management, and balance	
Virtual WV AWARE Interview Training , West Virginia University, Virtual	2022
WV AWARE (Asking Women About Relationship Experiences) [Virtual] Workshop	
▪ Explored trauma-informed qualitative interview strategies	
Trauma-Informed Interviewing: Hearing and Responding to People's Stories in Research , West Virginia University, Virtual	2020
WV AWARE (Asking Women About Relationship Experiences) [Virtual] Workshop	
▪ Explored and role-played trauma-informed transdisciplinary strategies for research	
Supporting Students and Professional Gatekeeping , The Ohio State University College of Social Work, Columbus, Ohio	2019
▪ Discussed legal and ethical considerations for providing disability accommodations	
Safe Zone Training , Columbus State Community College, Columbus, Ohio	2018
▪ Explored LGBTQ+ identities, prejudice, privilege and support for safety and inclusion	
Facilitating Classroom Discussions , The Ohio State University, Columbus, Ohio	2018
▪ Reviewed methods for effective student engagement with contemporary social issues	
Introduction to Community-Based Participatory Research (CBPR) , College of Education and Human Ecology, The Ohio State University, Columbus, Ohio	2017
▪ Reviewed strategies for applying principles of community practice and CBPR	
Introduction to NVivo , College of Education and Human Ecology, The Ohio State University, Columbus, Ohio	2017
▪ Explored terminology and capabilities of NVivo and organization of project materials	
Engaging Critical Conversations around Inclusion , The Ohio State University College of Social Work, Columbus, Ohio	2016
▪ Reviewed approaches for promoting discussions and student engagement with inclusion	
Introduction to Teaching and Learning: Fair & Efficient Grading , The Ohio State	2014

University, Columbus, Ohio

- Discussed clear and effective grading criteria and feedback to promote future success

Pedagogy of Privilege: Transformative Education, Graduate School of Social Work, 2013
University of Denver, Denver, Colorado

- Explored best practices for engaging students in discussions of privilege and inequality

Workshop on Panel Design and Analysis featuring the Polish Panel Survey from 1988-2013 (POLPAN) Workshop, Department of Sociology, University of Warsaw and The Ohio State University, Warsaw, Poland and Columbus, Ohio, US 2013

- Analyzed panel survey data during a two-week training on panel survey design and analysis with an interdisciplinary team of graduate students, both in Poland and the US

Social Work 697.02: Poland Study Abroad Program, The Jagiellonian University, Krakow 2009

- Explored Polish social welfare and innovative approaches to addressing international social issues, such as sex trafficking, trauma and dementia

Academic and Professional Affiliations

Gerontological Society of America, <i>Member</i>	2016– present
National Association of Social Workers (NASW), <i>Member</i>	2019– present
Native American Indigenous Alliance (NAIA), <i>Member</i>	2022– present
Ohio State University Food Fellows, <i>Member</i>	2013– 2014; 2017– 2019
Society for Social Work and Research (SSWR), <i>Member</i>	2012– present
Social Welfare Action Alliance (SWAA), <i>Member</i>	2014– 2018
<i>Letter Writing Committee Chair</i>	2014– 2015
<i>Secretary</i>	2014– 2015
Society for the Study of Social Problems (SSSP), <i>Member</i>	2013– 2018
WV AWARE (Asking Women About Relationship Experiences) Stakeholder Board, <i>Member</i>	2020– 2022

References

Excellent professional and academic references are available upon request.